

CURRICULUM VITAE

Justen Watkins D.O.

email justen.watkins@icloud.com

State Medical Licenses:

Utah, Kansas, California, Arizona, Nevada

Certifications:

DEA, BLS, ACLS, PALS, DOT

Board Certification:

[American Board of Urgent Care Medicine](#)

ACADEMIC

Clinical Research

Original Publication:

[*Markedly improved success rate of endoscopically assisted third ventriculostomy is achieved by routine placement of external lumbar drain.*](#) J.Watkins, M.Cabanne, D.Miulli. Journal of Neurological

Surgery Reports. 2017;78:e71–e76. ISSN 2193-6358.

- Prize Winning Podium Presentation

American College of Osteopathic Surgeons Annual Clinical Assembly, Phoenix, Arizona - September 22, 2016

Clinical Trials:

June 2013 - Feb 2015

[*Study of NNZ-2566 in Patients with Traumatic Brain Injury Under EFIC.*](#)

Research Assistant:

June 2010 - Dec 2010

Phoenix Neurological Associates

Phoenix, AZ

Study: *Analysis of CSF Biomarkers, Rate of FRS Progression, and Mortality of Patients with Amyotrophic Lateral Sclerosis*

Book Chapters Authored:

[Neurosurgical Intensive Care 2nd Ed.](#) J.Siddiqi. Thieme. New York.
Chapter on Ventilator Management of the Neurosurgical Patient.
ISBN-13: 978-1626232341

Post-graduate Training

Fellowship in Integrative Medicine Andrew Weil Center for Integrative Medicine The University of Arizona	July 2023 - Sept 2025 Tucson, AZ
Fellowship in Functional Medicine Institute for Functional Medicine	Sept 2023 - Sept 2025 ifm.org
Diplomat of the American Board of Urgent Care Medicine Board Certified - ABUCM	December 2023
Residency Riverside University Medical Center	June 2013 - Sept 2016 Moreno Valley, CA

Graduate Education

Doctor of Osteopathic Medicine Midwestern University AZCOM	Graduated May 2013 Glendale, AZ
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Undergraduate Education

Post-Bachelor Biomedical Studies Arizona State University	Jan 2008 - Aug 2008 Tempe, AZ
BS - Nuclear Engineering Technology Thomas Edison State University (degree) George Washington University Knolls Atomic Power Laboratory	Sep 2001 - May 2006 Trenton, NJ Washington DC Schenectady, NY

ADMINISTRATIVE POSITIONS

Medical Director / Chief of Staff Lane County Hospital & Rural Health Clinic	Sep 2021 - Present Dighton, KS
Deputy County Coroner Lane County, Kansas	Nov 2021 - Present Dighton, KS
County Health Officer Lane County, Kansas	Jan 2022 - Present Dighton, KS
Medical Director Lane County Public Health Department	Jan 2022 - Present Dighton, KS

PRACTICE EXPERIENCE

Lane County Hospital Medical Director/Chief of Staff	Sep 2021 - present Dighton, KS
Lane County Rural Health Clinic Medical Director/Chief of Staff	Sep 2021 - present Dighton, KS
West Point Medical Center Urgent Care Physician	Sep 2016 - Sep 2021 San Bernardino, CA
Bembi Medical Corporation Founder - Telemedicine Physician	Jan 2017 - Sep 2021 Highland, CA
LA Laser and Skin Center Supervising Physician	Jun 2018 - Apr 2020 Los Angeles, CA

COMMITTEES / BOARDS

Kansas Department of Health and Environment
Advisory Committee on Trauma Sep 2022 - Present

Kansas Department of Revenue
Medical Advisory Board Jan 2023 - Present

Lane County Hospital
Various hospital boards Sep 2021 - Present

OTHER CERTIFICATIONS

BLS / ACLS / PALS Current

DOT Certified Medical Examiner July 2018 - July 2028

OTHER EXPERIENCE

Managing Technical Engineer Nov 2008 - Jul 2009
Wolf Electronics (acquired by Computrol Inc.) Orem, UT

US Navy
Submarine Reactor Operator May 1999 - Sep 2005
USS Wyoming SSBN 742 Gold Kings Bay, GA

VOLUNTEER WORK

4-H Leader Feb 2022 - Present
Lane County, Kansas Extension Lane County, KS

Veterans of Foreign Wars Member at Large	Jun 2019 - Present Post 6438
Arrowhead Regional Medical Center Trauma Center Volunteer	Mar 2010 Colton, CA
Scottsdale Medical Center Trauma Unit Undergraduate Internship	Jan 2008 - Feb 2008 Scottsdale, AZ
Special Olympic Summer Games Athlete Assistant	Jun 2006 & Jun 2009 CA, UT
Pediatric Urgent Care Clinic Medical Volunteer	Mar 2008 - Jul 2008 Gilbert, AZ
Midwestern University Arizona State Brain Bee Organizer	Feb 2010 & Feb 2011 Glendale, AZ
Boy Scouts of America Scoutmaster	Nov 2008 - June 2013 Glendale, AZ
Church of Jesus Christ of Latter-Day Saints Missionary, Spanish speaking	Nov 2005 - Dec 2007 Anaheim, CA

ORGANIZATIONS

Kansas Medical Society	Mar 2022 - Present
AOA - American Osteopathic Association	Sep 2009 - Present
American Legion	May 2023 - Present
VFW - Veterans of Foreign Wars	June 2019 - Present
SHARCKS - Sandhills Amateur Radio Club of Western Kansas	Dec 2021 - Present

LANGUAGES English (native)
Spanish (proficient)

HOBBIES Agriculture
Computer Science
Amateur Radio
Reading, Outdoors