

CURRICULUM VITAE

Justen Watkins D.O.

doximity.com profile: <https://www.doximity.com/pub/justen-watkins-do>

IFM.org profile: <https://www.ifm.org/practitioners/justen-watkins>

LinkedIn: <https://www.linkedin.com/in/justen-watkins>

Certifications:

IFMCP, DEA, BLS, ACLS, PALS, DOT

Board Certification:

[American Board of Urgent Care Medicine](#)

ACADEMIC

Clinical Research

Original Publication:

[*Markedly improved success rate of endoscopically assisted third ventriculostomy is achieved by routine placement of external lumbar drain.*](#) J.Watkins, M.Cabanne, D.Miulli. Journal of Neurological Surgery Reports. 2017;78:e71–e76. ISSN 2193-6358.

- Prize Winning Podium Presentation

American College of Osteopathic Surgeons Annual Clinical Assembly, Phoenix, Arizona - September 22, 2016

Clinical Trials:

June 2013 - Feb 2015

[Study of NNZ-2566 in Patients with Traumatic Brain Injury Under EFIC.](#)

Research Assistant:

June 2010 - Dec 2010

Phoenix Neurological Associates

Phoenix, AZ

Study: *Analysis of CSF Biomarkers, Rate of FRS Progression, and Mortality of Patients with Amyotrophic Lateral Sclerosis*

Book Chapters Authored:

[Neurosurgical Intensive Care 2nd Ed.](#) J.Siddiqi. Thieme. New York.
Chapter on Ventilator Management of the Neurosurgical Patient.
ISBN-13: 978-1626232341

Clinical Preceptor

Rocky Vista University

July 2024 - Present

Logan, UT

Post-graduate Training

Fellowship in Integrative Medicine

Andrew Weil Center for Integrative Medicine
The University of Arizona

July 2023 - Sept 2025

Tucson, AZ

Fellowship in Functional Medicine

Institute for Functional Medicine

Certified December 2024

ifm.org

Diplomat of the American Board of Urgent Care Medicine

Board Certified - ABUCM

December 2023

Residency

Riverside University Medical Center

June 2013 - Sept 2016

Moreno Valley, CA

Graduate Education

Doctor of Osteopathic Medicine

Midwestern University AZCOM

Graduated May 2013

Glendale, AZ

Undergraduate Education

Post-Bachelor Biomedical Studies

Arizona State University

Jan 2008 - Aug 2008

Tempe, AZ

BS - Nuclear Engineering Technology
Thomas Edison State University (degree)
George Washington University
Knolls Atomic Power Laboratory

Sep 2001 - May 2006
Trenton, NJ
Washington DC
Schenectady, NY

ADMINISTRATIVE POSITIONS

Medical Director / Chief of Staff
Lane County Hospital & Rural Health Clinic

Sep 2021 - Jun 2024
Dighton, KS

Deputy County Coroner
Lane County, Kansas

Nov 2021 - Jun 2024
Dighton, KS

County Health Officer
Lane County, Kansas

Jan 2022 - Jun 2024
Dighton, KS

Medical Director
Lane County Public Health Department

Jan 2022 - Jun 2024
Dighton, KS

PRACTICE EXPERIENCE

Tapestry Health
Telemedicine Physician

Jun 2024 - present
Stratford, CT

Living Tree Medical Group
Physician

Jun 2024 - present
Logan, UT

Lane County Hospital
Medical Director/Chief of Staff

Sep 2021 - Jun 2024
Dighton, KS

Lane County Rural Health Clinic
Medical Director/Chief of Staff

Sep 2021 - June 2024
Dighton, KS

West Point Medical Center
Urgent Care Physician
Sep 2016 - Sep 2021
San Bernardino, CA

[Bembi Medical Corporation](#)
Founder - Telemedicine Physician
Jan 2017 - Sep 2021
Highland, CA

LA Laser and Skin Center
Supervising Physician
Jun 2018 - Apr 2020
Los Angeles, CA

HOSPITAL STAFF APPOINTMENTS

Logan Regional Hospital
Aug 2024 - Present
Logan, UT

Cache Valley Hospital
Aug 2024 - Present
Logan, UT

Lane County Hospital
Oct 2021 - Jun 2024
Dighton, KS

Kaiser Permanente Fontana MC
Jun 2014 - Sep 2016
Fontana, CA

Redlands Community Hospital
Jun 2014 - Sep 2016
Redlands, CA

Arrowhead Regional Medical Center
Jun 2013 - Sep 2016
Colton, CA

Riverside County Hospital
Jun 2013 - Sep 2016
Moreno Valley, CA

COMMITTEES / BOARDS

Clinical Governance Board Tapestry Health	Nov 2024 - Present
Kansas Department of Health and Environment Advisory Committee on Trauma	Sep 2022 - Jun 2024
Kansas Department of Revenue Medical Advisory Board	Jan 2023 - Jun 2024
Lane County Hospital Various hospital boards	Sep 2021 - Jun 2024

OTHER CERTIFICATIONS

BLS / ACLS / PALS	Current
DOT Certified Medical Examiner	July 2018 - July 2028

OTHER EXPERIENCE

Managing Technical Engineer Wolf Electronics (acquired by Computrol Inc.)	Nov 2008 - Jul 2009 Orem, UT
US Navy Submarine Reactor Operator USS Wyoming SSBN 742 Gold	May 1999 - Sep 2005 Kings Bay, GA

VOLUNTEER WORK

4-H Leader	Feb 2022 - Jun 2024
Veterans of Foreign Wars Member at Large	Jun 2019 - Jun 2024
Arrowhead Regional Medical Center Trauma Center Volunteer	Mar 2010 Colton, CA
Scottsdale Medical Center Trauma Unit Undergraduate Internship	Jan 2008 - Feb 2008 Scottsdale, AZ
Special Olympic Summer Games Athlete Assistant	Jun 2006 & Jun 2009 CA, UT
Pediatric Urgent Care Clinic Medical Volunteer	Mar 2008 - Jul 2008 Gilbert, AZ
Midwestern University Arizona State Brain Bee Organizer	Feb 2010 & Feb 2011 Glendale, AZ
Boy Scouts of America Scoutmaster	Nov 2008 - June 2013 Glendale, AZ
Church of Jesus Christ of Latter-Day Saints Missionary, Spanish speaking	Nov 2005 - Dec 2007 Anaheim, CA

ORGANIZATIONS

Utah Medical Association	Jun 2024 - Present
AOA - American Osteopathic Association	Sep 2009 - Present
American Legion	May 2023 - Present

VFW - Veterans of Foreign Wars

June 2019 - Present

SHARCKS - Sandhills Amateur Radio Club
of Western Kansas

Dec 2021 - Jun 2024

LANGUAGES English (native)
Spanish (fluent)

HOBBIES Agriculture
Computer Science
Amateur Radio
Reading, Outdoors