

CURRICULUM VITAE

# Justen Watkins D.O.

telegram: <https://t.me/justenwatkins>

x.com: <https://x.com/justenwatkins>

**Certifications:**

DEA, BLS, ACLS, PALS, DOT

**Board Certification:**

[American Board of Urgent Care Medicine](#)

## **ACADEMIC**

### Clinical Research

**Original Publication:**

[\*Markedly improved success rate of endoscopically assisted third ventriculostomy is achieved by routine placement of external lumbar drain.\*](#) J.Watkins, M.Cabanne, D.Miulli. Journal of Neurological Surgery Reports. 2017;78:e71–e76. ISSN 2193-6358.

- Prize Winning Podium Presentation

American College of Osteopathic Surgeons Annual Clinical Assembly, Phoenix, Arizona - September 22, 2016

**Clinical Trials:**

June 2013 - Feb 2015

[\*Study of NNZ-2566 in Patients with Traumatic Brain Injury Under EFIC.\*](#)

**Research Assistant:**

June 2010 - Dec 2010

Phoenix Neurological Associates

Phoenix, AZ

Study: *Analysis of CSF Biomarkers, Rate of FRS Progression, and Mortality of Patients with Amyotrophic Lateral Sclerosis*

## Book Chapters Authored:

[Neurosurgical Intensive Care 2nd Ed.](#) J.Siddiqi. Thieme. New York.

Chapter on Ventilator Management of the Neurosurgical Patient.

ISBN-13: 978-1626232341

## Medical Student Clinical Preceptor

Rocky Vista University

July 2024 - Present

Logan, UT

## Post-graduate Training

### Fellowship in Integrative Medicine

Andrew Weil Center for Integrative Medicine  
The University of Arizona

July 2023 - Sept 2025

Tucson, AZ

### Fellowship in Functional Medicine

Institute for Functional Medicine

Sept 2023 - Sept 2025

ifm.org

### Diplomat of the American Board of Urgent Care Medicine

Board Certified - ABUCM

December 2023

### Residency

Riverside University Medical Center

June 2013 - Sept 2016

Moreno Valley, CA

## Graduate Education

### Doctor of Osteopathic Medicine

Midwestern University AZCOM

Graduated May 2013

Glendale, AZ

## Undergraduate Education

### Post-Bachelor Biomedical Studies

Arizona State University

Jan 2008 - Aug 2008

Tempe, AZ

BS - Nuclear Engineering Technology	Sep 2001 - May 2006
Thomas Edison State University (degree)	Trenton, NJ
George Washington University	Washington DC
Knolls Atomic Power Laboratory	Schenectady, NY

## **ADMINISTRATIVE POSITIONS**

Regional Physician Lead	Jun 2024 - Present
Tapestry Health	
Medical Director / Chief of Staff	Sep 2021 - Jun 2024
Lane County Hospital & Rural Health Clinic	Dighton, KS
Deputy County Coroner	Nov 2021 - Jun 2024
Lane County, Kansas	Dighton, KS
County Health Officer	Jan 2022 - Jun 2024
Lane County, Kansas	Dighton, KS
Medical Director	Jan 2022 - Jun 2024
Lane County Public Health Department	Dighton, KS

## **PRACTICE EXPERIENCE**

Living Tree Medical Group	Jun 2024 - present
Physician	Logan, UT
Tapestry Health	Jun 2024 - present
Physician`	Logan, UT

Lane County Hospital Medical Director/Chief of Staff	Sep 2021 - Jun 2024 Dighton, KS
Lane County Rural Health Clinic Medical Director/Chief of Staff	Sep 2021 - June 2024 Dighton, KS
West Point Medical Center Urgent Care Physician	Sep 2016 - Sep 2021 San Bernardino, CA
<a href="#">Bembi Medical Corporation</a> Founder - Telemedicine Physician	Jan 2017 - Sep 2021 Highland, CA
LA Laser and Skin Center Supervising Physician	Jun 2018 - Apr 2020 Los Angeles, CA

## **HOSPITAL STAFF APPOINTMENTS**

Logan Regional Hospital	Aug 2024 - Present Logan, UT
Cache Valley Hospital	Aug 2024 - Present Logan, UT
Lane County Hospital	Oct 2021 - Jun 2024 Dighton, KS
Kaiser Permanente Fontana MC	Jun 2014 - Sep 2016 Fontana, CA
Redlands Community Hospital	Jun 2014 - Sep 2016

Redlands, CA

Arrowhead Regional Medical Center Jun 2013 - Sep 2016  
Colton, CA

Riverside County Hospital Jun 2013 - Sep 2016  
Moreno Valley, CA

## **COMMITTEES / BOARDS**

Kansas Department of Health and Environment  
Advisory Committee on Trauma Sep 2022 - Jun 2024

Kansas Department of Revenue  
Medical Advisory Board Jan 2023 - Jun 2024

Lane County Hospital  
Various hospital boards Sep 2021 - Jun 2024

## **OTHER CERTIFICATIONS**

BLS / ACLS / PALS Current

DOT Certified Medical Examiner July 2018 - July 2028

## **OTHER EXPERIENCE**

Managing Technical Engineer Nov 2008 - Jul 2009  
Wolf Electronics (acquired by Computrol Inc.) Orem, UT

US Navy  
Submarine Reactor Operator May 1999 - Sep 2005  
USS Wyoming SSBN 742 Gold Kings Bay, GA

## **VOLUNTEER WORK**

4-H Leader	Feb 2022 - Jun 2024
Veterans of Foreign Wars Member at Large	Jun 2019 - Jun 2024
Arrowhead Regional Medical Center Trauma Center Volunteer	Mar 2010 Colton, CA
Scottsdale Medical Center Trauma Unit Undergraduate Internship	Jan 2008 - Feb 2008 Scottsdale, AZ
Special Olympic Summer Games Athlete Assistant	Jun 2006 & Jun 2009 CA, UT
Pediatric Urgent Care Clinic Medical Volunteer	Mar 2008 - Jul 2008 Gilbert, AZ
Midwestern University Arizona State Brain Bee Organizer	Feb 2010 & Feb 2011 Glendale, AZ
Boy Scouts of America Scoutmaster	Nov 2008 - June 2013 Glendale, AZ
Church of Jesus Christ of Latter-Day Saints Missionary, Spanish speaking	Nov 2005 - Dec 2007 Anaheim, CA

## **ORGANIZATIONS**

Utah Medical Association	Jun 2024 - Present
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AOA - American Osteopathic Association	Sep 2009 - Present
American Legion	May 2023 - Present
VFW - Veterans of Foreign Wars	June 2019 - Present
SHARCKS - Sandhills Amateur Radio Club of Western Kansas	Dec 2021 - Jun 2024

**LANGUAGES** English (native)  
Spanish (proficient)

**HOBBIES** Agriculture  
Computer Science  
Amateur Radio  
Reading, Outdoors